

YEAR 1

Fall semester

- Personal and Community Health
- Principles of Macroeconomics

Recommended courses

- First-Year Experience
- College Writing I
- Speech Communication
- humanities course

Spring semester

- Principles of Nutrition
- Elementary Statistics or Calculus I
- Anatomy and Physiology
- Principles of Microeconomics

Recommended courses

- College Writing II

YEAR 2

Fall semester

- Recreation Leadership
- Financial Accounting

Recommended courses

- Lifetime Fitness and Wellness
- natural science course
- second humanities course

Spring semester

- Intro to Sports Management
- First Aid/CPR
- Managerial Accounting

Recommended courses

- Biblical Literature
- General Psychology