

## **YEAR 1**

### **Fall semester**

- Personal and Community Health
- General Chemistry I

#### **Recommended courses**

- First-Year Experience
- College Writing I
- Intro to Computers or Computer Applications

### **Spring semester**

- Anatomy and Physiology
- Prevention and Care of Athletic Injuries
- College Algebra or Precalculus Mathematics

#### **Recommended courses**

- Lifetime Fitness and Wellness
- College Writing II

## **YEAR 2**

### **Fall semester**

- Elementary Statistics

#### **Recommended courses**

- Biblical Literature
- Speech Communication
- second social science course
- humanities course

### **Spring semester**

- Principles of Nutrition
- Personal Training
- First Aid/CPR

#### **Recommended courses**

- General Psychology
- second humanities course
- critical thinking course