

YEAR 1***Fall semester***

- Personal and Community Health
- General Chemistry I

Recommended courses

- First-Year Experience
- College Writing I
- Intro to Computers or Computer Applications

Spring semester

- Anatomy and Physiology
- Prevention and Care of Athletic Injuries
- College Algebra or Precalculus Mathematics

Recommended courses

- Lifetime Fitness and Wellness
- College Writing II

YEAR 2***Fall semester***

- Elementary Statistics

Recommended courses

- Biblical Literature
- Speech Communication
- second social science course
- humanities course

Spring semester

- Principles of Nutrition
- Personal Training
- First Aid/CPR

Recommended courses

- General Psychology
- second humanities course
- critical thinking course